

**Exhibit 1: Helpful Resources****General**

The Individuals with Disabilities Education Act Office of Special Education and Rehabilitative Services (OSERS) home page.

Online at: <http://www.ed.gov/offices/OSERS/IDEA>.

General and specific information about IDEA and the 1997 amendments.

See [http://www.ed.gov/offices/OSERS/IDEA/the\\_law.html](http://www.ed.gov/offices/OSERS/IDEA/the_law.html) for the complete legislation.

Ideapractices home page: Online at: <http://www.ideapractices.org/index.htm>

Helpful website designed to answer questions about IDEA for schools.

The Arc homepage. Online at: <http://www.thearc.org/faqs/p194142.html>

Frequently asked questions re: IDEA, especially helpful for design of Individualized Education Plans (IEPs).

Section 504 of Rehabilitation Act, United States Department of Labor. Online at: <http://www.dol.gov/dol/oasam/public/regs/statutes/sec504htm>

Office for Students with Disabilities at Portland Community College. Online at: <http://www.spot.pcc.edu/osd/504.htm>

College website outlining ways to implement Section 504 in a school setting.

IDEA, Section 504, and ADA, U.S. Department of Justice, Civil Rights Division, Educational Opportunities Section. Online at: <http://www.usdoj.gov/crt/edo/faq.htm>

**Children with Special Health Care Needs**

National:

United States Department of Health and Human Services, Health Resources and Service Administration Maternal and Child Health Bureau and Division of Services for Children

At: Johns Hopkins School of Public Health with Special Health Care Needs  
Department of Population & Family Services

<http://www.mchb.hrsa.gov/html/dscsh.html>

624 No. Broadway

Baltimore, MD 21205  
(410) 614-5553  
email: [csn@jhsph.edu](mailto:csn@jhsph.edu)  
<http://www.jhsph.edu/centers/csn/default.html>

**Regional/Local:**

Texas Department of Health  
Office of Children with Special Health Care Needs  
(512) 458-7355  
<http://www.tdh.state.tx.us/csn/>

**Individualized Health Care Plans**

Ornelas, D. (1999). *The School Nurse's Source Book of Individualized Healthcare Plans, Volume II*. North Branch, MN: Sunrise River Press.

Wills, S. (1993). *The School Nurse's Source Book of Individualized Healthcare Plans, Volume I*. North Branch, MN: Sunrise River Press.

**Children with Disabilities**

Liptak, G.S., Weitzman, M. "Children with chronic conditions need your help at school." Contemporary Pediatrics. 1995; 12:64-80.

Ordovery, E.K., Boundy K.B. Educational Rights of Children with Disabilities: A Primer for Advocates. Cambridge: Center for Law and Education. 1991.

U.S. Department of Education, Office for Civil Rights. The Civil Rights of Students with Hidden Disabilities. Section 504 of the Rehabilitation Act of 1973; 1975.

**Internet Resources.** The Physician's Guide to Special Education Services. Available online at: <http://members.aol.com/pepofwi/phys/Physician.html>

Overview of ADA, IDEA, and Section 504. Available online at:  
<http://www.cec.sped.org/digests/e537.htm>

The Education of Children and Youth with Special Needs: What do the Laws Say?

Available online at: <http://www.nichcy.org/pubs/newsdig/nd15txt.htm>

IDEA '97 Overview. Available online at:

<http://www.ed.gov/offices/OSERS/IDEA/overview.html>

IDEA '97 Regulations. Available online at:

<http://www.ideapractices.org/idearegsmain.htm>

Related Services for School-aged Children with Disabilities. Available online at:

<http://www.nichcy.org/pubs/newsdig/nd16txt.htm>

Providing Early Services to Children with Special Needs and their Families. Available online at: <http://www.nectas.unc.edu/pubs/pubslst1.html#provi>

**Advocacy Support Resources.** Family Voices – <http://www.familyvoices.org>

Technical Assistance Alliance for Parent Centers – <http://www.taalliance.org>

(612) 827-2966

Parent Advocacy Coalition for Educational Rights (PACER) – <http://www.pacer.org>

Special Education Resources on the Internet (SERI) – <http://www.hood.edu/seri>

### **Learning Disabilities**

Pamphlets available From NIH:

Facts About Dyslexia

National Institute of Child Health and Human Development

Building 31, Room 2A32

9000 Rockville Pike

Bethesda, MD 20892 (301) 496-5133

Developmental Speech and Language Disorders--Hope through Research

National Institute on Deafness and Other Communicative Disorders

P.O. Box 37777

Washington, DC 20013 (800) 241-1044

### Support Groups and Organizations

American Speech-Language-Hearing Association

10801 Rockville Pike

Rockville, MD 20852 (800) 638-8255

Provides information on speech and language disorders, as well as referrals to certified speech-language therapists.

Attention Deficit Information Network

475 Hillside Avenue

Needham, MA 02194 (617) 455-9895

Provides up-to-date information on current research, regional meetings. Offers aid in finding solutions to practical problems faced by adults and children with an attention disorder.

Candlelighters Childhood Cancer Foundation

7910 Woodmont Avenue, Suite 460

Bethesda, MD 20814 (800) 366-2223

Provides information and support for children treated for cancer who later experience learning disabilities.

Center for Mental Health Services

Office of Consumer, Family, and Public Information

5600 Fishers Lane, Room 15-81

Rockville, MD 20857 (301) 443-2792

This new national center, a component of the U.S. Public Health Service, provides a range of information on mental health, treatment, and support services.

Children with Attention Deficit Disorders (CHADD)

499 NW 70th Avenue, Suite 308

Plantation, FL 33317 (305) 587-3700

Runs support groups and publishes two newsletters concerning attention disorders for parents and professionals.

Council for Exceptional Children

11920 Association Drive

Reston, VA 22091 (703) 620-3660

Provides publications for educators. Can also provide referral to ERIC Clearinghouse for Handicapped and Gifted Children.

Federation of Families for Children's Mental Health

1021 Prince Street

Alexandria, VA 22314 703) 684-7710

Provides information, support, and referrals through federation chapters throughout the country. This national parent-run organization focuses on the needs of children with broad mental health problems.

HEALTH Resource Center

American Council on Education

1 Dupont Circle, Suite 800

Washington, DC 20036 (800) 544-3284

A national clearinghouse on post-high school education for people with disabilities.

Learning Disabilities Association of America

4156 Library Road

Pittsburgh, PA 15234 (412) 341-8077

Provides information and referrals to state chapters, parent resources, and local support groups. Publishes news briefs and a professional journal.

Library of Congress

National Library Service for the Blind and Physically Handicapped

1291 Taylor Street, NW

Washington, DC 20542 (202) 707-5100

Publishes Talking Books and Reading Disabilities, a fact sheet outlining eligibility requirements for borrowing talking books.

National Alliance for the Mentally Ill

Children and Adolescents Network (NAMICAN)

2101 Wilson Boulevard, Suite 302

Arlington, VA 22201 (800) 950-NAMI

Provides support to families through personal contact and support meetings. Provides education regarding coping strategies; reading material; and information about what works and what doesn't.

National Association of Private Schools for Exceptional Children  
1522 K Street, NW Suite 1032  
Washington, DC 20005 (202) 408-3338

Provides referrals to private special education programs.

National Center for Learning Disabilities  
381 Park Avenue South, Suite 1420  
New York, NY 10016 (212) 687-7211

Provides referrals and resources. Publishes "Their World" magazine describing true stories on ways children and adults cope with LD.

National Information Center for Children and Youth with Disabilities (NICHCY)  
P.O. Box 1492  
Washington, DC 20013-1492  
1-800-695-0285  
(202) 884-8200  
E-mail: [nichcy@aed.org](mailto:nichcy@aed.org)  
URL: <http://www.nichcy.org>

Provides personal responses to questions on disability issues, referrals to other organizations and agencies, information searches of NICHCY databases and library, technical assistance to parent and professionals, as well as numerous publications, many of which are free of charge.

Orton Dyslexia Society  
Chester Building, Suite 382  
8600 LaSalle Road  
Baltimore, MD 21286-2044 (410) 296-0232

Answers individual questions on reading disability. Provides information and referrals to local resources.

To arrange for special college entrance testing for LD adults, contact:

ACT Special Testing (319) 337-1332

SAT Scholastic Aptitude Test (609) 771-7137

GED (202) 939-9490<sup>i</sup>

### **Specific Chronic Illnesses**

#### **Asthma**

National Asthma Education and Prevention Program (NAEPP). *Report of the Second Expert Panel on the Guidelines for the Diagnosis and Management of Asthma.*

Available online at: <http://www.nhlbi.nih.gov/nhlbi/lung/asthma/prof/asthgdln.htm>

Hard copies can be purchased for \$20 from:

NHLBI Information Center

PO Box 10305

Bethesda, MD 20824-0105

National Institutes of Health (National Heart, Lung and Blood Institute). (1995). *Nurses: Partners in Asthma Care.* Available online at:

[http://www.nhlbi.nih.gov/health/prof/lung/asthma/nurs\\_gde.htm](http://www.nhlbi.nih.gov/health/prof/lung/asthma/nurs_gde.htm)

American Academy of Asthma, Allergy & Immunology

611 East Wells Street

Milwaukee, WI 53202

(414) 272-6071

<http://www.aaaai.org>

National Institutes of Health

National Heart, Lung and Blood Institute

<http://www.nhlbi.nih.gov/index.htm>

American Lung Association

1740 Broadway

New York, NY 10019

(212) 315-8700

<http://www.lungusa.org>

Canadian Lung Association

<http://www.lung.ca>

### **Diabetes**

American Diabetes Association. (1994). *Diabetes Resource Manual for School Personnel*. Washington D.C.: American Federation of Teachers.

#### **Contact ADA at:**

National Service Center

1701 North Beauregard ST.

Alexandria, VA 22311

(703) 549-1500; (800) 232-3472 or (800) 342-2382 (800-DIABETES)

[www.diabetes.org](http://www.diabetes.org)

American Association of Clinical Endocrinologists

1000 Riverside Avenue, Suite 205

Jacksonville, FL. 32304

(904) 353-7878

<http://www.aace.com>

Diabetes Action Research and Education Foundation

426 C Street, NE

Washington, DC 20002

(202) 333-4520

<http://www.daref.org>

Juvenile Diabetes Foundation International (JDF)

120 Wall Street

New York, NY 10005

(212) 785-9500; (800)533-2873

email: [info@jdfcure.com](mailto:info@jdfcure.com)

<http://www.jdfcure.com>

Children with Diabetes.

Online at: <http://www.childrenwithdiabetes.com>



National Diabetes Information Clearing House.

Online at: <http://www.niddk.nih.gov/health/diabetes/ndic.htm>

The Diabetes Children's Foundation. Online at: [http://www.Fed\\_dcf@videotron.ca](http://www.Fed_dcf@videotron.ca)  
(bilingual in French/English)

New York State Department of Health. (1999). Children with Diabetes: A Resource Guide for Schools.

<http://www.healthstate.ny.us/nysdoh/consumer/diabetes/resource/schools.htm>

Also see Exhibit 15 in "Administration of Medication" section of this manual for further resources.

### **Seizure Disorder/Epilepsy**

National Institutes of Health (NIH)

National Institute of Neurological Disorders and Stroke (NINDS)

(at NIH Neurological Institute)

P.O. Box 5801

Bethesda, MD 20824

(800) 352-9424

[http://accessible.nindsiis1.ninds.nih.gov/about\\_ninds/addresses.htm](http://accessible.nindsiis1.ninds.nih.gov/about_ninds/addresses.htm)

Epilepsy Foundation of America (EFA)

*National Office*

4351 Garden City Drive

Landover, MD 20785

(301) 459-3700

[www.efa.org](http://www.efa.org)

**Regional Offices**

Greater North Texas	Southeast Texas	Central & SouthTX
2906 Swiss Avenue Road, Suite 602 Dallas, TX 75204-5962 78217-3142 (214) 823-8809	2650 Fountain View Drive, Suite 316 Houston, TX 77057-7619 (713) 789-6295	10615 Perrin Beitel San Antonio, TX (210) 653-5353

H.O.P.E. (Helping Other People with Epilepsy) Mentoring Program

Toll free at: (877) 467-3496 (877 HOPE 4 YOU)

Organization that trains people with epilepsy to be “patient educators” throughout the epilepsy and neurology community

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